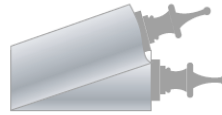




CHURCH EDUCATION

The Holy Bible
The Book of Mormon



'...and they shall become one in thine hand.' Ezekiel 37.17

LESSON TITLE

KING BENJAMIN

- Part One – Heritage
- Part Two –Legacy

UNIT 6 – Evidence of Authority and Establishing the Church

GRADES 1-3

THE HOLY BIBLE (KJV)

Matthew 25:34, "Then shall the King say unto them on his right hand, Come, ye blessed of my Father inherit the kingdom prepared for you from the foundation of the world:

THE BOOK OF MORMON

Mosiah 5:8, "And under this head ye are made free, and there is no other head whereby ye can be made free. There is no other name given whereby salvation cometh; therefore, I would that ye should take upon you the name of Christ, all you that have entered into the covenant with God that ye should be obedient unto the end of your lives."

OBJECTIVES

Students will be able to:

Part One:

- Describe 4 objects that king Benjamin inherited from his ancestors, Omni vs.25, The Words of Mormon vs.13, Mosiah 1:3, 16.
- Discover the personal value of the heirlooms for King Benjamin.

Part Two:

- Describe ways king Benjamin is righteous, Words of Mormon 1:12-18, Mosiah 1:1-8. 2:9-19.
- Identify through guided discussion what he/she has in common with king Benjamin.

ESSENTIAL QUESTIONS

- How do we know that king Benjamin is God's friend?
- What habits do you share with king Benjamin?
- How/ in what ways are you God's friend?

MATERIALS

Holy Bible (KJV) and *The Book of Mormon*

Drawing board and marker

Part One - Visual aids: A personal heirloom. Objects to represent: Liahona, plates of brass, plates of Nephi, sword of Laban (Or illustrations)

TEACHER NOTES

2- 45 minute lessons

To prepare for this lesson, study the scriptural references listed in **OBJECTIVES**.

Q = Teacher asks question

[Note: The Church of Jesus Christ uses the Authorized King James Version of The Holy Bible and The Book of Mormon published by The Church.](#)

Assignment: [King Benjamin's Heirlooms](#), 1-copy per student. Pencils

Song: [Thy Word Is A Lamp Unto My Feet](#)

Part Two - Mind Map: Steps to the Prize - [Assignment](#). [Answers](#). 1-copy each per student. Scissors . Paste or glue

PROCEDURE

Part One – King Benjamin's Heritage

Motivation/Introduction (5 minutes)

Prior to class: Write terms and definitions on the board:

- **ANCESTOR** – a family member that lived many years before you, e.g. great-grandfather or great-grandmother, great-uncle, etc.
- **HEIRLOOM**- an object of special value handed down from one's ancestors
- **INHERITED** – an object or trait acquired from your ancestors

In class: Introduce terms and definitions on the board.

Display the heirloom piece you brought, and use the terms 'ancestor,' 'heirloom,' and 'inherited,' to explain why that object is special to you.

Goals: Describe 4 objects that king Benjamin inherited from his ancestors. Discover the personal value of the heirlooms for King Benjamin.

Lesson Development (30-35 minutes)

1. Describe four heirlooms king Benjamin received from his father, e.g. Nephite records, plates of brass, sword of Laban, and Liahona, and explain their usefulness to his life (See Story Map).
2. Display visual aids representing Benjamin's heirlooms and recall what they represent.
3. Assignment: King Benjamin's Heirlooms. Pass out to each student. Students take turns reading clues aloud and match them to the objects.
4. Discussion Questions:

Q: Can you name one object that king Benjamin inherited from his ancestors? How did he use this object?

Q: Can you think of two objects that we have that can be compared to the records that king Benjamin was given? (Book of Mormon and the Holy Bible)

Q: Can you think of one reason the Bible and Book of Mormon are valuable to you?

5. Song: Teach students, "Thy Word Is a Lamp Unto My Feet." (Link in Materials)

Story Map: King Benjamin's Heirlooms

*Benjamin lived in the promised land, almost 500 years after the time of Nephi. Nephi was his ancestor. He never met Nephi, but he learned about Nephi by reading his records. The **records of Nephi** are a history of Nephi's family and revelations from God given to Nephi's family.*

The records of Nephi were handed from one family member to the next, and eventually to king Benjamin. The records of Nephi were 500 years old when Benjamin inherited them! King Benjamin had the responsibility to protect the records and hand them to the next family member. They were a family heirloom. Benjamin studied the records very carefully to learn about his family and of God's commandments (relate personally to reading the Bible or Book of Mormon).

*Benjamin inherited other valuable objects from his ancestors. The objects were kept and protected as great treasures. These objects were over 1000 years old when Benjamin received them - **plates of brass, sword of Laban, and Liahona**. Benjamin's ancestors – Lehi and Nephi – used these objects for protection and instruction. King Benjamin also used the sword of Laban for protection and he received instructions from the plates of brass.*

PROCEDURE

Part Two – King Benjamin’s Legacy

Motivation/Introduction (5-10 minutes)

1. Briefly review key points from part one, e.g. heirlooms king Benjamin inherited
2. Define term:
 - **RIGHTEOUS** – law abiding, honest, blameless.

Goals: Describe the ways king Benjamin is righteous. Identify through guided discussion what he/she has in common with king Benjamin

Lesson Development (30-35 minutes)

1. Share a retelling of king Benjamin’s life that describes his righteousness, e.g. responsibility and role modeling (See Story Map).
2. Tell students to think of something wise that king Benjamin would want to tell his people.
 - a. Write student’s responses on the board.
 - b. Distribute Mind Map: Steps to the Prize Assignment and Answer sheets to students.
 - i. Tell students to cut out the individual steps on the answer sheet.
 - ii. Students take turns choosing one step, reading it aloud, and stating in their own words what it means.
 - iii. Tell students to paste the steps onto the assignment page.
 - c. Compare students’ responses listed on the board to King Benjamin’s advice. Praise students for their wisdom.
3. Discuss Essential Questions.

Key words: evidence, authority, establish, church, Benjamin, righteousness

Story Map: King Benjamin’s Righteousness

When Benjamin became a man, his father ordained him to be the king over the land of Zarahemla. King Benjamin took this responsibility very seriously. He wanted to be wise - to make good decisions. He studied God’s word to become wise. From God’s word, King Benjamin learned very important lessons which helped him be a good father and ruler.

King Benjamin wanted to be a good example to others, so he lived what he learned from God’s word. King Benjamin wanted his countrymen to learn God’s ways so they could be wise too. King Benjamin wanted all the people in the land of Zarahemla to be blessed by God, so he spent his days living a godly life and teaching his people to do the same.

King Benjamin had three sons. He wanted them to be wise and blessed by God. He knew that if his sons listened to all he taught, God would bless them.

King Benjamin grew to be an old man. Before he died, he wanted to speak to all his countrymen one last time. He called everyone to gather near the temple, which was their church. King Benjamin stood upon a very high tower so he could be seen and heard. Families came from far and near to hear what their beloved King would say.